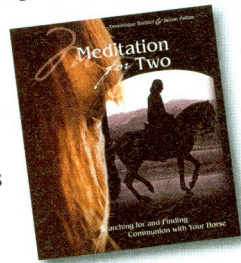


A Love Letter to the Horse

Sometimes we get consumed by the extrinsics of riding—this aid, that aid, this competition, that award. We lose sight of why we fell in love with horses and dressage in the first place.



In a pretty little book they call *Meditation for Two: Searching for and Finding Communion with Your Horse* (Trafalgar Square, 72 pp., \$24.95), French-born classical master Dominique Barbier (*Dressage for the New Age*) and photographer Keron Psillas bring us poetry and flowers and flowing manes and Iberian horses in stunning seascapes. Musings on the nature of horses and horsemanship. Even a training tidbit here and there.

Meditation for Two begs to be given as a gift or to be enjoyed in a quiet moment in your favorite sun-splashed nook.